

Job Title: Associate Mental Health Counselor – Fractional Position (W2)

About Narrows Counseling & Wellness

At Narrows Counseling & Wellness, we believe holistic care that incorporates the mind, body and soul leads to lasting change. Our programs and services promote inner healing, relationship strengthening, physical health and integrative wellness to help people live a peaceful and fulfilling life. As a Catholic Christian faith-based organization, our clients look to us to represent and encourage what supports their authentic healing. In our work, we encourage what leads to true healing in a compassionate, patient, and supportive manner. We honor the dignity and autonomy of everyone we work with by coming alongside them as each person interacts with our programs and services to make the changes they want in their lives. Join our team as we continue to open the possibility for people to experience renewed hope and peace in their lives!

Position Summary

Narrows Counseling & Wellness is seeking a compassionate and results-oriented Associate Mental Health Counselor to join our growing team in Washington State. The ideal candidate will possess a strong Christian faith and a desire to integrate the faith of their clients into clinical practice. This position offers the opportunity to provide high-quality, faith-integrated mental health counseling services to individuals, couples, and families within a supportive and collaborative environment.

Key Responsibilities:

1. Client Care & Treatment:

- **Conduct** comprehensive intake assessments and develop individualized treatment plans based on client needs and clinical best practices, integrating a Christian worldview when appropriate.
- **Provide** high-quality therapeutic services to clients utilizing evidence-based modalities, including but not limited to Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), and Mindfulness-Based Stress Reduction (MBSR), while integrating a Christian worldview when appropriate.
- **Monitor** client progress, adjust treatment plans as needed, and ensure the effective delivery of therapeutic interventions.
- **Maintain** accurate and timely client records in accordance with ethical and legal guidelines and within the Narrows Counseling & Wellness electronic health record (EHR) system.

2. Clinical & Professional Development:

- **Actively participate** in regular team meetings and supervision sessions to enhance clinical skills, receive feedback, and contribute to a collaborative team environment.
- **Maintain** a strong commitment to professional development by attending relevant conferences, workshops, and continuing education courses, with a focus on integrating faith and spirituality into clinical practice.
- **Stay abreast** of the latest research and best practices in the field of mental health, including the integration of faith and spirituality.
- **Adhere to** all ethical and legal guidelines related to the practice of mental health therapy as outlined by the applicable licensing boards.

3. Systems & Processes:

- **Implement and adhere** to the established clinical protocols and procedures of Narrows Counseling & Wellness.
- **Contribute** to the ongoing refinement and improvement of clinical systems and processes within the organization.
- **Demonstrate** a strong commitment to client-centered outcomes and participate in quality improvement initiatives as needed.

Qualifications:

- **Master's degree in Counseling, Social Work, or a related field** from an accredited university.
- **Licensed or in the process of licensure** as a Mental Health Counselor (LMHC), Licensed Clinical Social Worker (LCSW), or equivalent.
- **Strong clinical skills** in assessment, diagnosis, and treatment planning.
- **Excellent communication and interpersonal skills** with the ability to build rapport and trust with clients.
- **Strong ethical and professional boundaries.**
- **Experience working with trauma, anxiety, depression, chronic stress, families.**
- **Proficiency in electronic health records (EHR) systems.**
- **A strong Christian faith and a desire to integrate faith with clinical practice.**

- **Demonstrates a commitment to professional growth and a willingness to learn and implement new skills.**
- **Openness to feedback for professional growth.**

Benefits

- **Competitive salary and benefits package** (may include health insurance, retirement plan, etc.)
- **Opportunities for professional growth and development** (e.g., supervision, continuing education).
- **Supportive and collaborative team environment.**
- **Meaningful work** contributing to the well-being of others within a faith-based context.

To Apply

Please submit your resume and a short virtual video of yourself describing why you are applying to this role and organization. Submit to latisha@narrowscounseling.com, thank you.