

Job Title: Intern Mental Health Counselor

About Narrows Counseling & Wellness

At Narrows Counseling & Wellness, we believe holistic care that incorporates the mind, body, and soul leads to lasting change. Our programs and services promote inner healing, relationship strengthening, physical health, and integrative wellness to help people live a peaceful and fulfilling life. As a Catholic Christian faith-based organization, our clients look to us to represent and encourage what supports their authentic healing. We encourage what leads to true healing in a compassionate, patient, and supportive manner, honoring the dignity and autonomy of everyone we work with. Join our team as we continue to open the possibility for people to experience renewed hope and peace in their lives!

Position Summary

We are seeking a dedicated and adaptable Intern Mental Health Counselor to join our dynamic team. This role involves conducting client intakes, providing counseling sessions under supervision, and supporting various administrative and community tasks. Ideal candidates are passionate about promoting mental health and wellness, skilled in communication, and committed to fostering a nurturing environment that aligns with our mission.

Key Responsibilities

- Intake and Assessment:
 - Conduct initial assessments and intakes for new clients with empathy and professionalism.
 - Compile comprehensive client histories to inform effective treatment planning.

- Counseling Sessions:
 - Provide individual and group therapy sessions under supervision, tailored to client needs.
 - Develop treatment strategies based on best practices and ethical standards.

- Supportive Tasks:
 - Assist in administrative duties, including documentation and adherence to confidentiality protocols.
 - Participate in outreach programs and assist with community-based initiatives.

- Professional Development:
 - Engage in ongoing training and supervision to enhance clinical skills and knowledge.
 - Collaborate with a multidisciplinary team to contribute to holistic client care.

Qualifications

- Enrolled in or recently graduated from a Master's program in Counseling, Psychology, or related field.
- Provisional licensure or eligibility preferred.
- Strong communication and interpersonal skills.

- Capacity to handle diverse tasks and adapt to evolving priorities.
- Passionate about the Catholic Christian mission of our organization.

Benefits

- Professional Growth: Gain invaluable experience in a supportive, faith-based setting.
- Mentorship and Supervision: Receive guidance from experienced professionals.
- Meaningful Impact: Contribute positively to the well-being of our clients and community.
- Paid internship role W2 position

To Apply

Please send your resume and a cover letter detailing your interest in the intern role and our organization to [letstalk@narrowscounseling.com]. (Position open until filled, with a focus on ensuring a good fit for both the intern and the organization.)